

DR. THOMAS GROSS, PHD

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SEEKING EMPLOYMENT AS CLINICAL PSYCHOLOGIST

Evaluation & Assessments/Diagnosis, Treatment Plans & Therapy/Crisis Intervention

PROFESSIONAL PROFILE

- A highly-skilled and solutions-oriented Human Services Professional driven to enable the promotion of positive social change in troubled youth.
- Demonstrated track record of success working with diverse client populations, including at-risk youth, mentally ill, and abused persons, in one-on-one and group settings.
- Effective motivator, communicator, and advocate with an inherent ability to establish rapport and develop trust quickly, relate to individuals on all levels, manage all types of personalities, diffuse stressful situations, and proactively resolve issues.
- A team player recognized for capacity to build and maintain solid relationships with co-workers and clients and interact effectively with all levels of support staff and management including local, state, and federal agencies.
- Exceptional interpersonal, organizational, analytical, assessment, and critical-thinking skills; strong written, oral, and technical aptitude.

CORE COMPETENCIES

- *Individual/Group Counseling*
- *Family Education/Training*
- *Crisis Intervention/Response*
- *Abuse Process/Prevention*
- *Clinical Assessment/Evaluation*
- *Mental Status Health Exams*
- *Motivational Interviewing*
- *Behavior Modification*
- *Treatment Analysis/Planning*
- *Case Presentation/Management*
- *Client Follow Up/Continuing Care*
- *Report Generation/Documentation*

DESIGNATIONS

- Master of Sciences (Mental Health Counseling) ▪ New York State Certified and Licensed Emergency Medical Technician
 - American Red Cross Certified Lifeguard ▪ Water Safety/Lifeguard Training/CPR/First Aid Instructor

EDUCATION

Ph.D. Candidate - Walden University, School of Clinical Psychology, Minneapolis, Minnesota (June 2017)

Master of Science in Mental Health Counseling - Touro College, New York, New York (2008)

Bachelor of Science in Psychology – Touro College, Brooklyn, New York (2004)

Non-Degree Graduate Level Judaic Studies - Rabbinical College of Yeshiva Derech Chaim, Brooklyn, New York

SPECIALIZED TRAINING

- CBT Training From Beck Institute ▪ DBT ▪ CASAC Training ▪ Motivational Interviewing ▪ Systematic Desensitization and Sexual Abuse Intervention ▪ ACT Training By Dr. Steven Hayes ▪ Trauma Intervention Training With Dr. Edna Foa
- Process and Treatment of OCD, Depression, Substance Abuse, and Suicide-ology/Prevention in Adolescence & children

AREAS OF EXPERTISE/BREADTH OF KNOWLEDGE

- The Use and Observation of Clinical Assessment via the MMPI, Rorschach, and Direct Client Interviewing/Intervention
 - The Observation and Use of the WAIS 4, Stanford Benet, Woodcock Johnson, and Clinical Diagnosis via DSM 5

INTERNSHIPS

**Counter Force
Counselor**

Brooklyn, NY

Sept. 2006 – June 2013

Counseled and mentored “at-risk” teenagers and adolescents for one of the largest mental health/educational agencies serving the Greater New York area.

- Evaluated and assessed each child’s needs; demonstrated ability to provide preventative and crisis therapy.
- Provided substance abuse counseling and facilitated groups on substance/sexual abuse prevention.
- Monitored client progress, addressed concerns, discussed goals, and wrote a variety of reports with appropriate recommendations.
- Established and maintained relationships with external agencies; facilitated referrals and ongoing services and support to families.
- Identified and resolved personal and environmental problems/concerns which threatened family functioning and jeopardized family units; maintained exceptional communication with all individuals involved with each child.

PROFESSIONAL CHRONOLOGY

Educator	Brooklyn, NY	Sept. 1999 - present
Clinical Psychologist Extern – Interborough Developmental & Consultation Center		Sept. 2014- Present
Yeshiva Torahs Emes		Sept. 1999 - Jun. 2004
Mesivta Shalom Schachna		Sept. 2004 –Present
Counter Force (Mental Health Counselor)		Sept. 2006 – Jun. 2013
The Cheder		Sept. 2006 - Present

KEY QUALIFICATIONS/HIGHLIGHTS OF PROFESSIONAL EXPERIENCE

Experienced Educator, Grades 4 – 11; taught high school level Science and elementary school level Science, Language Arts, and Judaic Studies.

- Adept in teaching and facilitating learning in multiple settings with diverse student groups; developed innovative, standards-based, prescriptive programs integrated across the curriculum.
- Employed differentiated instructions in homogeneous and heterogeneous groupings; demonstrated a strong capacity for differentiation of instruction to reach all learning modalities.
- Implemented a variety of assessment techniques designed to measure students' progress in learning including differentiation in instruction to meet the individual needs of each student; successfully utilized various classroom management techniques related to Psychology training.
- Established expectations for behavior conducive to learning and delivered feedback in ways that enhanced student knowledge.
- Created yearly coursework including the selection of teaching materials; rapidly developed and adjusted lesson plans that were developmentally appropriate and met state standards.
- Planned and instructed each subject area using a wide-variety of teaching aids, motivational, and implementation strategies to engage students in active learning.
- Enhanced student academic and social growth by using varied teaching strategies and techniques including whole group, individual and small group lessons and teacher modeling to provide a solid academic foundation and positive attitude toward education.
- Developed lesson plans and organized plan book for review and approval; recorded grades, marked tests, and reviewed homework assignments.
- Modified curriculum in accordance with student needs and IEP standards.
- Prepared students for New York State Regents Examination in Biology, Chemistry and Earth Science.
- Designed computer program on Biology to better facilitate students understanding of material.
- Effectively counseled students and parents on goals, objectives, and plans; opened and maintained lines of communication with parents via weekly progress reports, conferences, and telephone calls.
- Privately tutored students in various Judaic and secular studies courses, including Talmud, math and the sciences; employed a variety of theoretical approaches to learning.

HONORS & AWARDS

- “Alumni Leadership” Award, Derech Chaim Rabbinical College June, 2013 ▪ “Teaching Assistant” Award, Walden University July, 2012 ▪ “Excellence In Teaching” Award, The Cheder March, 2008 , Psy Chi Honor Society June, 2015

DISSERTATION PROJECT

- To Analyze Parenting Style Influence (if any) On Excess Alcohol Drinking Behavior Among The Jewish Community

LANGUAGES

- Oral and Written Fluency in English, Hebrew, and Yiddish ▪ Speaks Hungarian (Fluently)

PROFESSIONAL AFFILIATIONS

- American Psychological Association (APA) ▪ Association of Cognitive Behavior Therapy (ABCT)
- National Association of School Psychologists (NASP) ▪ Psy Chi Honor Society June, 2015

COMMUNITY INVOLVEMENT

- Provide Free Counseling of Behaviorally Challenged Adolescent Students, The Cheder
- Choir Director, Yeshiva Torahs Emes ▪ Volunteer EMS, Actively Involved in Local Synagogue

References and Supporting Documentation Furnished Upon Request